

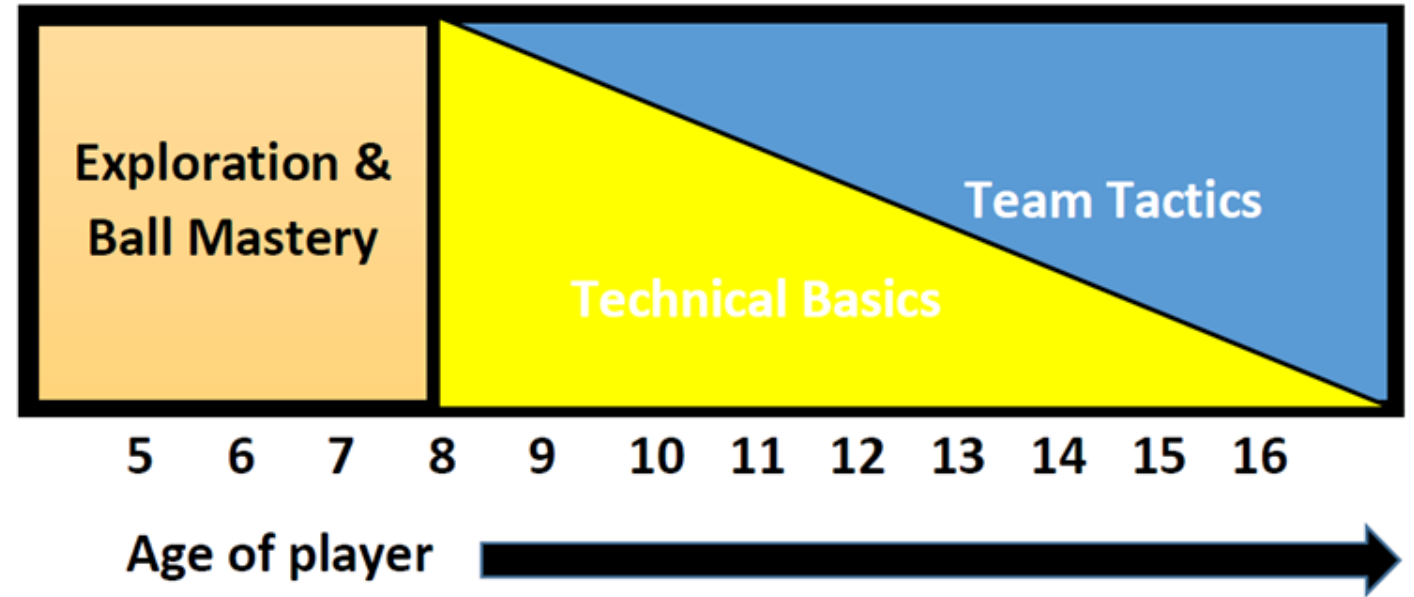
# Soccer Association Montgomery Coaching Philosophy





## SAM Mission

SAM has a mission of commitment to provide a positive soccer experience through a fun and safe environment, which will nurture and foster each athlete's character, mental and physical skills – no matter the level.



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### League Philosophy

It is essential that the SAM League must endeavor to develop every player.

As a coach, whether it is an assistant or head coach, he or she must try to educate its players and parents. It is also the responsibility of the league to educate the coaches and parents of each player within the league.



1. 6U-7U:

Every session must involve a ball. My ball mentality!

More Touches

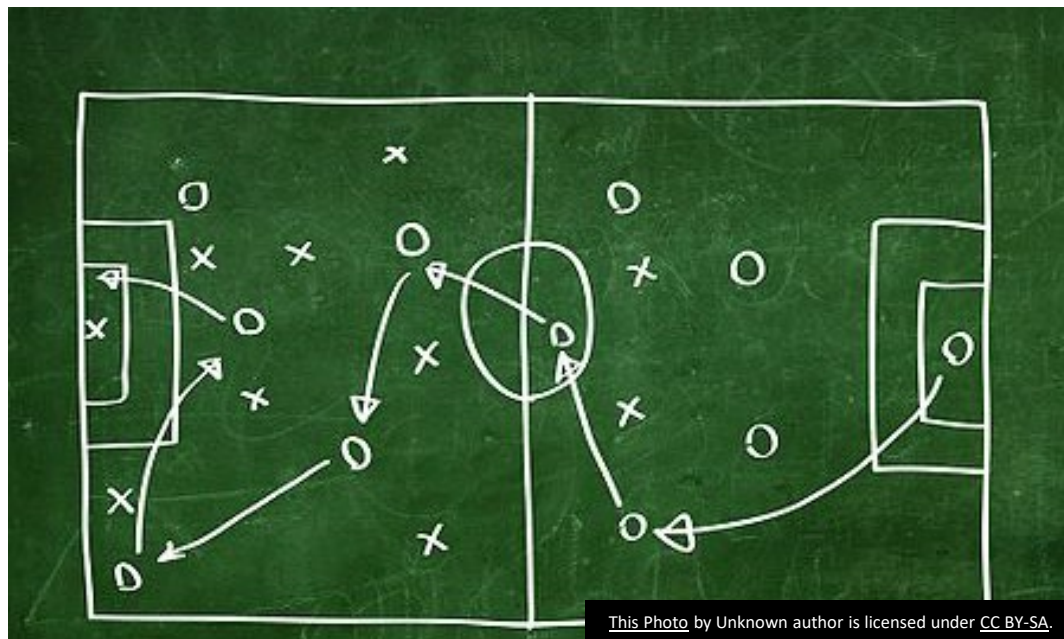
Bunching is fine and normal

Increase CONFIDENCE in his or her own ability.

Importance of DECISION MAKING.

1v1 and 2v2 activities. Scrimmage no bigger than 4v4





#### 9U-12U:

The session will now have an emphasis on game understanding and learning the field, i.e. formations, positions and units (GK, Defense, Midfield and Forwards). The coach should also focus on “guided discovery”, asking the players questions and allowing them to discover the answers. Continue to encourage and allow players to make mistakes. It is the best way for them to learn, therefore creating the perfect learning environment.

### 13U-19U:

Training to compete and skill development.

The players will be educated on game situations.

Players are given the opportunity to understand the game, and repeatedly asked, who, what, where, when why and how?

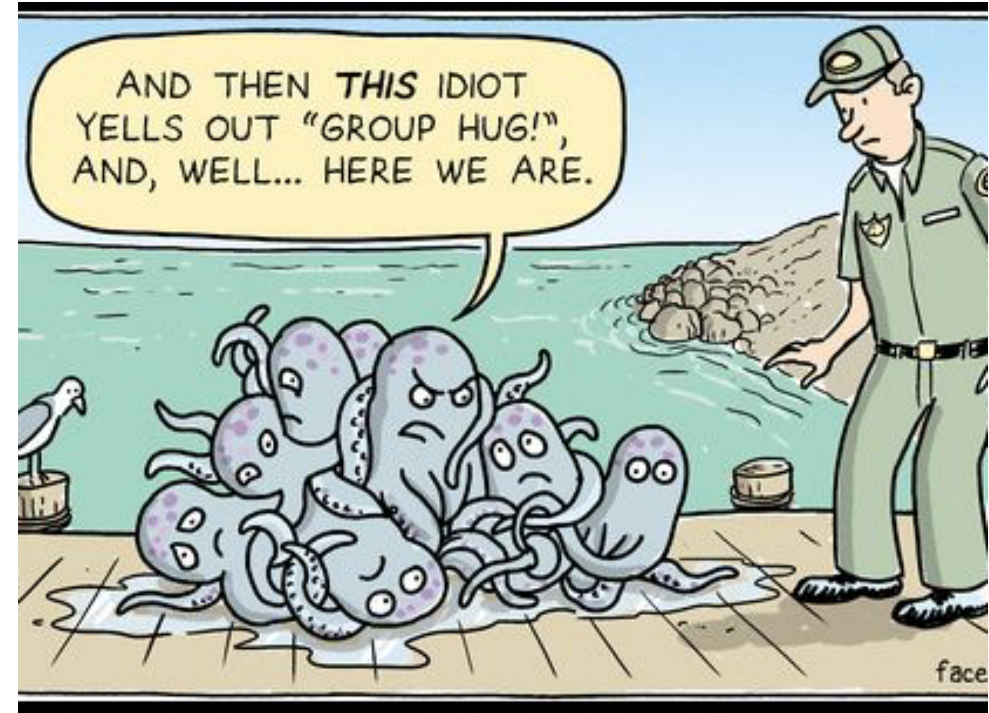
The game becomes more

Emotional

Complicated

Intense

Important ( to who?)







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Lead by example  
Promote Positivity  
Create a great environment  
Teach and show you care



expectations.



**WHO IS THE  
MOST AWESOME  
PERSON TODAY?**



★  
**BE  
AWESOME  
TODAY.**  
★



Remember every player which steps on  
the field needs confidence and  
encouragement.  
Can they take the next step to be as good  
as they can be?  
Create the person and then the player



100%

A hand is shown in the bottom left corner, holding a piece of white chalk and drawing a horizontal line underneath the '100%' written on the chalkboard.The background features a large, stylized soccer ball in the upper center. To the right of the ball is a red and yellow checkered crest with a white outline. At the bottom of the crest, the word 'SOCCER' is written in a bold, white, sans-serif font.

Reward Effort  
Be Positive  
FairPlayPlease for all  
Respect for all  
Freedom to express  
Fun for all  
Be Competitive

Questions?

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