

Every Coach Needs These.....

Soft Skills 2020





What are soft skills?

These are personal attributes that enable someone to interact effectively and harmoniously with other people.



What Are The 7 Soft Skills ?

Communication Skills.

Problem Solving Skills.

Leadership Skills.

Teamwork.

Emotional Intelligence.

Adaptability.

Work ethic.



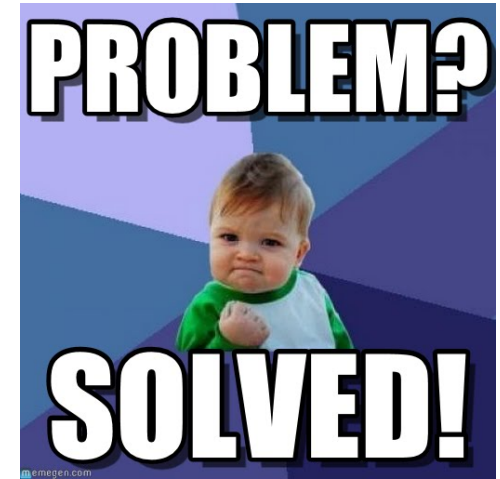
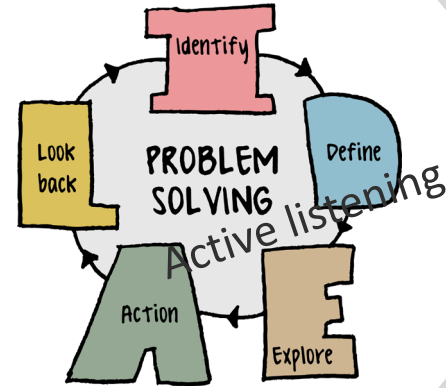


Communication Skills

Verbal – Tone of voice, volume and controlled.

Non-verbal – Body language and facial reactions.





Problem Solving Skills.

Ability to solve the dynamic unexpected and challenging situation

Active Listening

Creativity

Decision Making

Team Involvement



Leadership Skills.

organize and motivate other people in the shared goal of your organization.

Can you as the coach:
Teach?
Mentor?
Guide?





Teamwork.

A Cohesive unit between you,
your players , assistant coaches
and players.

How do you create this?





Emotional Intelligence.

This skill often referred to as controlling the emotion of yourself and others.

Empathy

Can you put yourself in the referee's situation?

Social Awareness – pick up on how others are feeling (Observation)

Self Aware – understand your strengths and weaknesses when dealing with others.

Self Management – Control yourself.
What can we control?



Adaptability.

The flexibility of the person.

Can you as the coach observe a game or training session and then adapt accordingly? Find the correct guided question to fit the players?





Work ethic.

- A work ethic means a proper agenda or moral principles followed by the coach in daily life. Similarly, work ethics includes many aspects, including dedication, productivity, accountability, professionalism, and discipline.
- Example is completing a lesson plan before class.
- Do your players have a work ethic?



Questions?

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